Help me to learn about my body through sound



Card 13

This can be done through experiencing sounds or making them:

- think of my body as a resonator let me feel sound and vibration in my limbs and my trunk and my head
- think of my body as a musical instrument any part that I can move can be converted into sound...
- using everyday soundmakers and musical instruments...
- and switches, beams and gesture-recognition technology
- make it as easy as possible for me to understand cause and effect by exaggerating the feedback I get from my efforts...
- using technology to amplify sounds I am making and playing them back to me in real time